

CAMP REPORT



Leadership & Prevention Camp 2019

“Accelerating ideas into Action”



Camp Director Report

Dear Campers, Parents, Sponsors, Contributors and Stakeholders,

Thanks for again believing in the Cayman Islands Youth Development Consortium. Fearless Xtreme Leadership and Prevention Camp 2019 was the 10th camp that our organization has hosted with our young people. Without your continued support hosting this camp would not have been possible. This year's camp was not without challenges, but we are grateful to God who enabled us to provide a cost-effective, holistic and fun experience for 101 campers.

We are grateful to Mr. James Myles of the Youth Services Unit for listening to our concerns and challenges of our previous camps. Not only did he provide necessary information and advise to improve our camp, he also went the extra mile to advocate on our behalf for the use of the Prospect Primary School Hall. He also connected us with a cook to ensure that food was more nutritious and that logistics helped to improve better delivery.

We are grateful to our sponsors and in-kind contributors whose support help us with up front costs and pre-camp purchases. Not only does this help us get the ball rolling, but it also help to alleviate cost, thus we could add components to the camp to make it enriching for the young people attending. We are most grateful to our Primere, Hon. Alden McLaughlin, Ms. Tichina Rickfield of Workforce Opportunities & Residency Cayman and Nicole Solomon of the CI Customs and Border Control, whose efforts helped us obtain work permit/ visa exemption.

For the second year our volunteer camp counselors were students and supervisors from Heart Trust Jamaica. This was the first time travelling for most of the students, and first time volunteering at a camp like this. Despite the challenges they faced with group dynamics, logistics etc. they pulled through to complete their two weeks of support to the camp. Their hard work show in what the young people were able to produce and the feedback which both they and their parents have given. We are grateful for their support this year.

Thanks to our stakeholders, Department of Children and Family Services, Big Brothers Big Sisters and CAYS Foundation for registering clients and to all the schools that promoted the camp.

Observation and feedback has helped us tremendously with improving the camp. In regards to logistics, transportation was our biggest challenge due to unforeseen circumstances, however having a contingency plan would have helped. Having an onsite coordinator to manage activities, timing and other program logistics is being considered going forward. Registration greatly improved thanks to our pre-registration efforts, coordinated by Ms. Shakina Edwards. Pre-camp prep coordinated by our summer intern, Rev. Welton Bartley, meant that I could pay more attention to the bigger needs of camp and program delivery. It would be prudent, however, to partner with a missionary group to help deliver the Making Right Choices presentations. Going forward it would be crucial to have a program support specialist that could assist with pre and post camp assessments, who would also work closely with the camp counselors with their delivery of the developmental assets presentation etc.

Again, thanks everyone for your efforts to make Fearless Xtreme 2019 a success!

Best Regards,

Rev. Ambassador Sylvia Wilks MSc., Social Entrepreneur/ Minister

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Camp Counselors/ **Volunteers**

CAMP COUNSELORS - For the second year the camp counselors were students from Jamaica Heart Trust. They were trained/ briefed in Darkness to Light Child Abuse Prevention Training.

Logistics and Set Up - Minister Welton Bartley

Administration - Shakina Edwards

Presenter - Rev. Sylvia Wilks

Teen Leaders/ Emergent **Teen Leaders**

ASSIGNED TEEN LEADERS

Campers that attended multiple times or were 15 years of age, had the opportunity to support assigned groups as leaders. They were called out at the beginning of camp and recognized as leaders.



Campers

During the two weeks of camp we worked with a total of 101 campers.

Gender: Male: 53, Female: 48

Age: 6 - 9: 48, 10 -14: 51

Districts: West Bay, George Town , Bodden Town, North Side and East End

Schools Represented: George Town Primary School, Red Bay Primary School, Prospect Primary School, East End Primary School , Light House School, Cayman Academy, Catholic, CI Prep School, Triple C, Clifton Hunter High School, John Gray High School, Truth For Youth School, Savannah Primary School, North Side Primary School, Bodden Town Primary School, Cayman Learning Centre

Week 1

Camp Opening

DEVOTION/ GREETINGS & INTRODUCTIONS

After devotion campers had an opportunity to meet and greet other campers and participate in icebreakers.

TEAMBUILDING (Group Name and Motto)

The main activity of the day was the formation of the individual groups. During their group session they decided on a name and motto.

Group 1 Cayman Smurfs “We make the village, we rule the village” & Group 2 Mother Nature “In it to win it”



Group 3 Red Dragon “Fired up to serve” & Group 4 Minions “One Camp, One Group, One Sound”



DAILY ACTIVITIES

Summary

Everyday we started with a devotional exercises coordinated by camp counselors. Each group were assigned specific days to assist with this as well. Shortly after devotions the young people did energetic and fun-filled indoor icebreakers and activities.

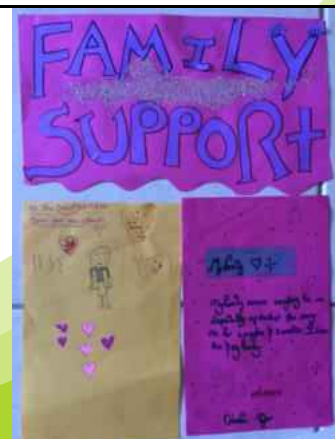


After icebreakers and a brief break young people went to their group areas for sessions with their group leaders about the asset category focused on for that day. To reinforce the lessons the counselors would prepare skits, that sometimes included the campers participation. The external assets Support, Empowerment, Boundaries and Expectations and Constructive Use of Time, were focused on during the first week.



DEVELOPMENTAL ASSETS PRESENTATIONS

ASSET PRESENTATION - Category of Focus
Support Young people need to experience support, care, and love from their families, neighbors, and many others. They need organizations and institutions that provide positive, supportive environments.
DISCUSSION: Asset #2 Positive Family Communication: Young person and her or his parents communicate positively, and young person is willing to seek advice and counsel from parents.
ACTIVITY: A letter to mom and dad. The campers were asked to write a letter to their parents about a topic that they found difficult to discuss.

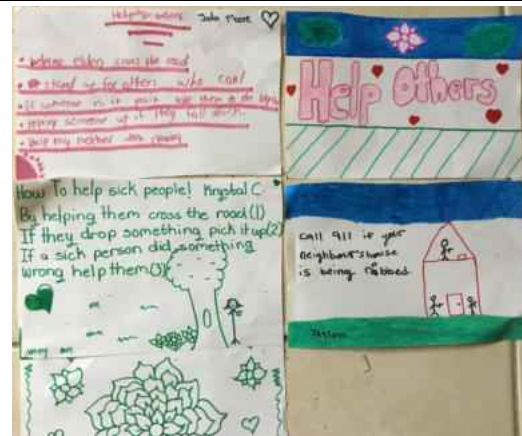


Summary

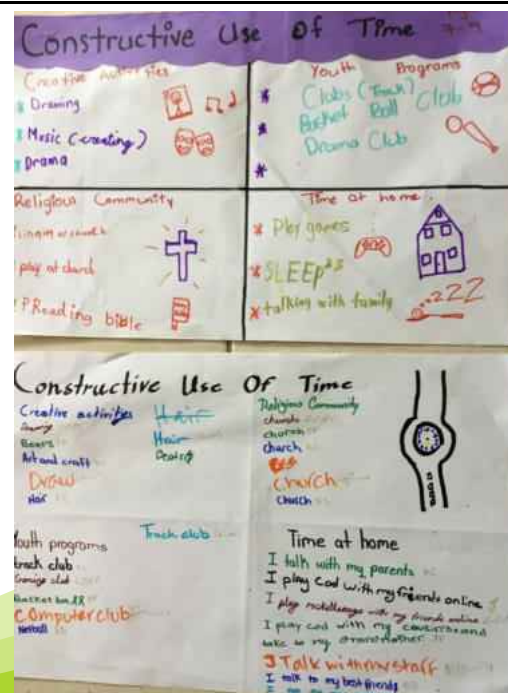
ASSET PRESENTATION - Category of Focus **Boundaries and Expectations**
Young people need to know what is expected of them and understand whether the activities and behaviors they choose are "in bounds" and "out of bounds."
DISCUSSION: Asset #15 Positive Peer Influence: Young person best friend model positive responsible behavior.
ACTIVITY: Campers created boundary markers



ASSET PRESENTATION - Category of Focus **Empowerment**
Young people need to be valued by their community and have opportunities to contribute to the world around them. For this to occur, they must be safe and feel secure.
DISCUSSION: Asset #9 Service to Others: Young person serves in the community one hour or more per week.
ACTIVITY: Created posters on how to help in their community.



ASSET PRESENTATION - Category of Focus **Constructive Use of Time**
Young people need constructive, enriching opportunities for growth through creative activities, youth programs, time with family and faith based organizations. Young people need constructive, enriching opportunities for growth through creative activities, youth programs, time with family and faith based organizations.
DISCUSSION: Asset #17 Creative Activities: Young person spends three or more hours per week in lessons or practice in music, theatre or other arts.
ACTIVITY: In their groups campers contributed to a poster indicating activities they are involved in.



DAILY ACTIVITIES

Summary

The other main activity was the Making Right choices presentations that were facilitated as a general session by Rev. Sylvia Wilks. The Josh McDowell “Right Choices Leader’s Guide” and “Setting You Free to Make Right Choices Workbook” were used as the main curriculum. These sessions had theme verses that were used in the devotional exercise at the beginning of the day’s activities as well. The developmental assets presentations and right choices presentations were scheduled strategically to reinforce the principles and lessons learnt. During the first asset activity positive family communication was discussed where most young people indicated difficulty speaking to their parents about issues such as sex, drugs, violence etc. The biblical standard regarding these subject matters were explained, however campers were encouraged to have further discussions with their parents.

MAKING RIGHT CHOICES PRESENTATIONS

SESSION 1 - IT’S A FREE-FOR-ALL

THEME VERSE: In those days, everyone did that which was right in his own eyes (Jud. 21:25). After a warm up activity about game with or without rules, the presentation introduced the campers to the format of the Right Choices, address the danger and devastation of everyone doing what is right to them. The presentation also prompted the campers to recognize their need of a standard for moral decisions.

SESSION 2 - GOD ON STAGE

THEME VERSE: He is the Rock . . . a God of truth and without iniquity, just and right is he (Deuteronomy 32:4, KJV). Campers were introduced to the concept that we must learn “God’s ways” in order to know of his expectations.

SESSION 3 - WHOSE RULES RULE

THEME VERSE: How great you are, O Sovereign Lord! There is no one like you, and there is no God but you (2 Samuel 7:22). Campers were prompted to the realization that we should make right choices, not just because they benefit us but because of who God is. They were invited to submit their wills and their “right” to decide right from wrong, to God and /his revelation of right and wrong.

SESSION 4 – THE FOUR C’S

THEME VERSE: Show me your ways, O Lord, teach me your paths; guide me in your truth and teach me (Psalm 25:4-5a). Reinforcing concepts shared in previous sessions, campers were introduced to the four C’s. These are Consider the choice, Compare it to God, Commit to God’s Way and Count on God’s Provision and Protection. Campers were directed to begin applying the process to situations involving moral choices.

DAILY ACTIVITIES

Summary

OUTDOOR ACTIVITIES



REFLECTIVE ACTIVITY

At the end of each day the campers were asked to settle down to reflect on their day. They wrote about what they did in the morning, afternoon and evening. Further responses were given to complete the following:- “The hardest thing I did today...”, “My favorite part of today was...”, “Today I was feeling...” and “Something new I learned today...”.

The hardest thing I did today - “The bumper stickers.”

My favorite part of today was - “When we went outside.”

Today I was feeling - “Like a leader.”

Something new I learned today - “I am good at leading.”

MONDAY

In the morning I... Did my morning routine and lesson at camp	The hardest thing I did today was... The bumper stickers
In the afternoon I... Continued to work on school presentation.	My favorite part of today was... When we went outside
In the evening I... Went outside to play	Today I was feeling... Like a leader
Something new I learned today... I am good at leading	

PEDRO ST JAMES CASTLE



EDUCATIONAL BOAT TRIP

The Boat trip was organized by Mr. Mitchell Rankin in partnership with Mr. Andrew Ebanks of Island Life Watersports and Department of Environment, whose representatives gave a brief lecture of the importance of taking care of the environment.



Week 2

Summary

Again everyday we started with a devotional exercise coordinated by camp counselors. Each group were assigned specific days to assist with this as well. Similar to week one shortly after devotions the young people did energetic and fun-filled indoor icebreakers and activities.



INDOOR ICEBREAKERS/ ACTIVITIES



DEVELOPMENTAL ASSETS PRESENTATIONS

After icebreakers and a brief break young people went to their group areas for sessions with their group leaders about the asset category focused on for that day. The external assets Commitment to Learning, Positive Values, Social Competences and Positive Identity, were focused on during the second week. Throughout the day the group leaders planned activities to keep the young people engaged and involved.

ASSET PRESENTATION - Category of Focus Commitment to Learning Young people need to develop a lifelong commitment to education and learning.
DISCUSSION: Asset # 21 Achievement Motivation Young person is motivated to do well in school. / Asset #25 Reading for Pleasure Young person reads for pleasure three or more hours per week.
ACTIVITY: Yes you can, Bumper stickers, I love to read. The campers were asked to brainstorm ways in which parents and teachers could motivate students to do well and were asked for sayings they would put on motivational placards.

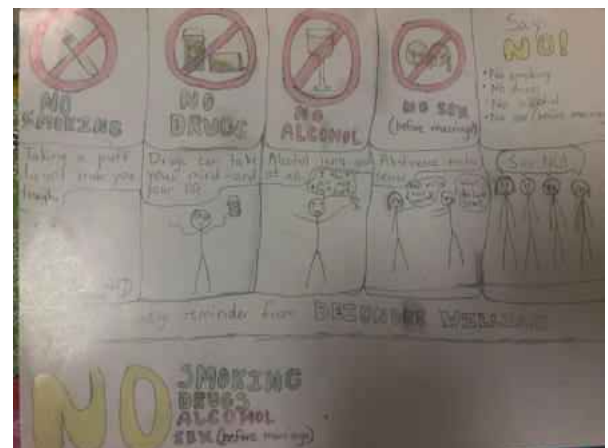


Summary

ASSET PRESENTATION - Category of Focus **Social Competences** Young people need skills and competencies that equip them to make positive choices, to build healthy relationships, and to be successful and productive adults.

DISCUSSION: Asset # 36 Peaceful Conflict Resolution Young person seeks to resolve conflict nonviolently.

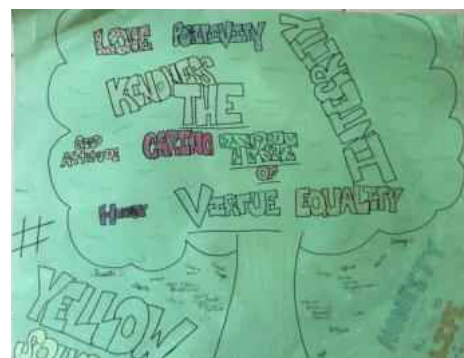
ACTIVITY: “I” Messages. Instead of “you” statements the campers were taught and practiced “I” messages as a strategy for reducing conflict.



ASSET PRESENTATION - Category of Focus **Positive Values** Young people need to develop strong values that guide their choices and decisions throughout life.

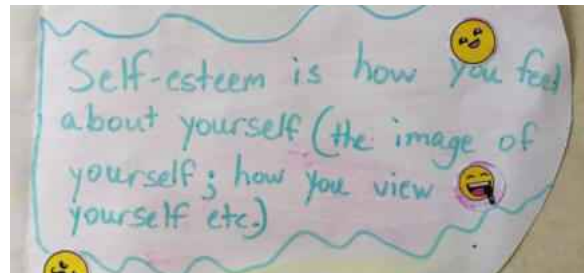
DISCUSSION: Asset # 31 Restraint Young person believes it is important not to be sexually active or to use alcohol or other drugs.

ACTIVITY: Campers discussed the importance of restraint.



Summary

ASSET PRESENTATION - Category of Focus **Positive Identity** Young people need a strong sense of their own power, purpose, worth, and promise.
DISCUSSION: Asset #38 Self-esteem, Asset #39 Sense of Purpose, Asset #40 Positive view of personal future
ACTIVITY: What's great about me



The Making Right choices presentations were facilitated as general sessions by Rev. Sylvia Wilks. The Josh McDowell "Right Choices Leader's Guide" and "Setting You Free to Make Right Choices Workbook" were used as the main curriculum. These sessions had theme verses that were used in the devotional exercise at the beginning of the day's activities as well. The MRC sessions were coordinated with the developmental assets and adolescent issues discussed. Not only was this intended to reinforce the message, but also to give the campers an opportunity to apply the making right choices principles. The MRC series ended with encouraging the campers to take a stand for truth and what is right in a world of negative influences.

MAKING RIGHT CHOICES PRESENTATIONS

SESSION 5 – HONEST TO GOD

THEME VERSE: "I know, my God, that you test the heart and are pleased with integrity" (1 Chronicles 29:17a). The campers were led into a session on how to apply the 4C process to the issue of cheating versus honesty.

SESSION 6 – WHAT THE WORLD NEEDS NOW

THEME VERSE: "This is the message you have heard from the beginning: We should love one another" (1 John 3:11). The campers were led into a session on how to apply the 4C process to the issue of maltreatment versus love.



DAILY ACTIVITIES

Summary

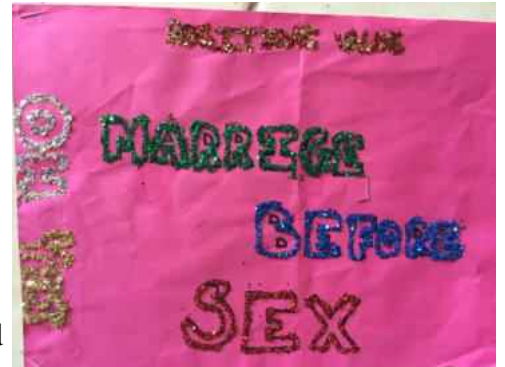
MAKING RIGHT CHOICES PRESENTATIONS

SESSION 7 – SWEET CHASTITY

THEME VERSE: “Create in me a pure heart, O God, and renew a steadfast spirit within me” (Psalm 51:10). The campers were led into a session on how to apply the 4C process to the issue of sex.

SESSION 8 – WELCOME TO THE NEXT LEVEL

THEME VERSE: “God . . . wants all men to be saved and to come to a knowledge of the truth” (1Timothy 2:4). This presentation challenged students to take a stand for truth and what is right in a world of negative influences.



OUTDOOR ICEBREAKERS/ ACTIVITIES - XTREME DAY



DAILY ACTIVITIES

Summary

XTREMES GOT TALENT

To reinforce the constructive use of time session held in week one, campers had an opportunity to place their sparks on the sparks ball. These are the different activities they are involved in that help them discover their purpose and passion. After this activity some of the campers displayed their talents, in the form of the 'Got Talent' show with guest panelist that gave input after each performance or demonstration. This year we again had a variety of talents showcased. In addition to the regular singing and art display, we had a jokes segment, comedians as well as table tapping and gymnastics. According to Peter Benson in his book on 'Sparks', "Young people who identify their sparks and get support in developing them from caring adults have higher grades in school and are more likely to be socially competent, physically healthy, volunteer to help other people, good stewards of the earth and its resources and possess a sense of purpose.



BEACH OLYMPICS



CLOSING PROGRAM

Final Group Presentation

In the presence of their peers and parents, each group presented a summary of all the presentations and activities they were involved in during the camp.



Awards/ Incentives

Every camper received a medal and certificate for their participation at camp. For each of the four groups represented campers were selected for most participative, most outstanding leader and most disciplined. Special recognition medals were given to campers that were team players, helpful, artistic etc. The Fearless Olympian medals were given for the category winners of the beach Olympics.



CLOSING PROGRAM

Most Participative

Group 1 Cayman Smurfs Blue - Kayla James
Group 2 Red Panthers - Kezie Parchment
Group 3 Mother Nature - Kevon Blake
Group 4 Yellow Minions - Joshua Henry

Most Outstanding

Group 1 Cayman Smurfs Blue - Liana Wilks
Group 2 Red Panthers - Nathaniel Brown
Group 3 Mother Nature - Krystal Campbell
Group 4 Yellow Minions - Jhenelle Colquhoon

Most Disciplined

Group 1 Cayman Smurfs Blue - Jerrin Reynolds
Group 2 Red Panthers - Odelia Taylor
Group 3 Mother Nature - Tiona Dietrich
Group 4 Yellow Minions - Yadik Beckford

Top Group: Yellow Minions

Top Camper: Jhenelle Colquhoon



Leader of the Year: Aneeka Hurlston



Significant Successes

Success	Factors That Supported Success
THE VENUE Use of Prospect Primary School Hall and Field provided more space for camp activities	The Youth Services Unit advocated for and booked the Prospect Primary School Hall for both weeks of camp. Endorsed and supported by the Ministry of Education, Youth, Sports, Agriculture and Lands, as well as the Education Department
CAMP PROMOTION	• Camp flyer and information was distributed from school administration to parents • Presentation on two radio shows: Radio Cayman Talk Today & Hurley's media Rooster • Camp information on Cayman Resident Website
CAMP REGISTRATION Camp Registration was a lot more organized this year	• Pre-registration form on the organization website • Utilizing the George Town Public Library during designated times on the weekends made it convenient for parents to pre-register • Registration of campers by community advocates of Department of Children and Family Services and Big Brothers Big Sisters Programme
CAMP OBJECTIVES Target age – 7-9/ 10-14 Teambuilding Exercises Personal Development Workshops General Session Workshops	• Devotional activities, teambuilding exercises and developmental assets activities and projects coordinated by Heart Trust Jamaica students • Main presentation on Making Right Choices, with an integration of information on the developmental assets and youth issues by Camp Coordinator, Rev. Ambassador Sylvia Wilks
LUNCH - Week 1 Nutritious meals prepared by a cook and delivered to camp	• In-kind food items were provided by Jacques Scott, Uncle Clems, Kirk Market and Hurley's Supermarket • Meals prepared by Ms. Midjah Rankine
FIELD TRIPS Pedro St. James Castle Educational Boat Trip Beach Olympics at Seven Mile Beach	• Volunteer driver of the New Testament Church of God (West Bay) - Mr. Vincent Leachman • Boat trip organized by Mr. Mitchell Rankin in partnership with Mr. Andrew Ebanks of Island Life Watersports and Department of Environment

Shortcomings and Recommended Solutions

Shortcoming	Recommended Solutions
TRANSPORTATION Dependence on volunteer driver who became ill meant major adjustment to pick up and drop off and transporting of camp counselors	• Raise additional funds or request in-kind or sponsorship to cover the cost of transportation. • Purchase own vehicle

Testimonials

CAMPERS

1. **Unknown** - "I love camp. I feel happy at camp."
2. **SE** - Dear dad, it's very fun at this camp. I met new friends and they are funny. I like this camp cause it is kind.
3. **JW** - "I experience a lot of things since I came to this camp, and I learned new stuff too. It's like I was at school."
4. **OA** - "...the people here are nice and fun, and the activities are cool. I made new friends."
5. **DC** - "I experience a lot about this camp through the past two weeks. I think this camp is really fun and I think I might come back next year. I made a lot of new friends and I also hope to see them again. In this camp we play lots of games, we also went on a lot of field trips like to the beach, Pedro castle and a boat trip where got so wet and we learned about stingrays and it was a lot of fun. I really like this camp and I hope everyone else feel the same about it too."
6. **AC** - Dear Dad, next year God spare life, I would like to come back to Fearless Xtreme and try to do every single activity..."

PARENTS

1. **Feedback from Ms. Petrona Menz** - "It was an awesome experience for my son, he enjoyed all the activities and field trips. Everyday he got up on time and was dressed for camp. He was asked on his first day back at school what he did during the summer. He mainly spoke about the camp."
2. **Feedback from Ms. Marcia Walters** - "The programme was holistic as it included spiritual and social activities, field trips etc. The location was good and my daughter enjoyed it as she shared what she learnt each day."

STAKEHOLDERS

1. **Feedback from director of Big Brothers Big Sisters Ms. Angela Sealey** - The children of our programme that attended the Fearless Xtreme Leadership and Prevention Summer Camp 2019 had a fantastic time. Some of children had never been to camp and thus this was a very good introductory learning experience. The children have reported making new friends and it was a good place for them to develop other skills, that will be reinforced as they continue in BBBS. Providing the assistance with transportation was very strategic for our clientele as without this service most would not have been able to attend the camp. Having received feedback from parents, reports were that the children were very excited when they got home, hence the additional children who heard about the camp.
2. **Feedback from CAYS Foundation on-site staff Grace Bryant** - Our children enjoyed the camp, however consideration could be given to having more volunteers that can deal with children that have mental health issues. More one-on-one can and a timeout area would be beneficial. Also more planned outdoor activities would be a plus.
3. **Feedback from Department of Children and Family Services Community Development Officer Dorline Welcome**: Some of the children indicated that they were bored
4. **Feedback from Department of Children and Family Services Social Worker Ms. Sherine Barnes**: "This was an excellent camp, that my clients looked forward to attending each day. As a matter of fact I had to reschedule a counseling appointment for one of them, after expressing how distraught they felt about missing out on a camp activity. The activities were interesting and they learnt lot. There were some improvements this year. For example the change in venue meant more space for activities. From my observation the camp was organized. There were older camp counselors and it was easier to distinguish the leaders of the camp."
5. **Feedback from Royal Cayman Islands Police Service PC Donaldson** - "The camp was well organized. It gave the young people an avenue to build their mental capacity and learn life skills. The volunteers were all committed to the safety and security of all campers. There was no major incident which warranted my intervention."

Ministry of Education, Youth, Sports, Agriculture and Lands



QUEENSGATE



CAYMAN NATIONAL



CARIBBEAN
Youth Assets
HEADQUARTERS

INDIVIDUAL AND INKIND CONTRIBUTORS

Jacques Scott
Uncle Clems
Kirk Supermarket
Hurley's Supermarket
Webster's Tours
West Bay New Testament Church of God

STAKEHOLDERS

Department of Children and Family Services
Children and Youth Services (CAYS) Foundation
Big Brothers Big Sisters