CAMPREPORT



Leadership &

Prevention Camp 2018

"Making an Impact"





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Camp Counselors/

Volunteers

CAMP COUNSELORS - This year the camp counselors were students from Jamaica Heart Trust as the beginning of a summer student exchange program. They were trained/briefed in Darkness to Light Child Abuse Prevention Training.

Logistics and Set Up - Minister Welton Bartley, Clive Jackson, Jr.

Administration - Minister Calesia Graham, Shakeina Edwards,

Presenters - Minister Welton Bartley, Clive Jackson, Jr. and Rev. Sylvia Wilks

Teen Leaders/Emergent Teen Leaders

ASSIGNED TEEN LEADERS

Campers that attended multiple times or were 15 years of age, had the opportunity to support assigned groups as leaders. Eugene Foreshaw, Warren Hanson, Samuel Campbell, Amari Grant, Kevin Warren, Roseanna Redden, Bobby Bolton, Kinsey Miller, Jevon Stewart, Jessica Fredrick, Tishay Thomas

Campers

During the two weeks of camp we worked with a total of 17 young people ages 6-9, 41 ages 10-14, and 11 15+ for a total of 69 campers. This is slightly less than last year's camp. 7 of the campers were from overseas.

Districts West Bay, George Town, Bodden Town and East End

Schools Represented Sir John A Cumber Primary School, George Town Primary School, Red Bay Primary School, Prospect Primary School, East End Primary School, Light House School, Cayman Academy, Catholic, CI Prep School, Triple C, Clifton Hunter High School, John Gray High School, Cayman Islands Further Education Centre

Week 1

Camp Opening

The first day of camp was held on the grounds of the Red Bay primary school. On the first day of camp campers registered and signed in to their assigned groups.

DEVOTION/ GREETINGS & INTRODUCTIONS

After devotion campers had an opportunity to meet and greet other campers and participate in icebreakers.

TEAMBUILDING (Group Name and Motto)

The main activity of the day was the formation of the individual groups. During their group session they decided on a name and motto.

Group 1 Lightening Blue - "Striving for Excellence" & Group 2 Red Panthers - "Hard Work, Sacrifice and Dedication rewards Victory"





Group 3 Natural Nature - "We are like plants always growing" & Group 4 Golden Lions - "God gives the strongest man the hardest battles"





Camp Opening

ASSET INTRODUCTION/ CREATION OF ASSET VILLAGE

The initial plan was to set up an asset village in the Mary Miller Hall at each group section representing the developmental asset categories. With the help of Her Majesty Prison the frame of the buildings for the village were built and delivered at the camp site. After being introduced to all the developmental assets each group were assigned to paint them. The building frames were transported to the alternative camp site where the painting continued by some youth volunteers, referred by the National Drug Council.



CHURCH

Category of Focus Constructive Use of Time Young people need constructive, enriching opportunities for growth through creative activities, youth programs, time with family and faith based organizations



COMMUNITY CENTRE

Category of Focus **Support** Young people need to experience support, care, and love from their families, neighbors, and many others. They need organizations and institutions that provide positive, supportive environments.





POLICE STATION

Category of Focus **Boundaries and Expectations** Young people need to know what is expected of them and understand whether the activities and behaviors they choose are "in bounds" and "out of bounds."

DAILYACTIVINES

Summary

Despite the challenge of having to change venues from the second day of camp, the campers showed a lot of resiliency and adjusted quite nicely to their new environment at the Christ Cathedral Worship Centre. The smaller space and limitation of not having the playground in close proximity meant we had to be really creative.

Everyday we started with a devotional exercise coordinated by Clive Jackson, Jr., one of Fearless Xtreme's first camp counselors from 1998. Each group were assigned specific days to assist with this as well.





After icebreakers and a brief break young people went to their group areas for sessions with their group leaders about the asset category focused on for that day. The external assets Support, Empowerment, Boundaries and Expectations and Constructive Use of Time, were focused on during the first week. Throughout the day the group leaders planned activities to keep the young people engaged and involved.



DAILY ACTIVITIES

Summary

The other main activity was the Making Right choices presentations that were either facilitated as general sessions by Minister Welton Bartley, Clive Jackson Jr. or Rev. Sylvia Wilks. The Josh McDowell "Right Choices Leader's Guide" and "Setting You Free to Make Right Choices Workbook" were used as the main curriculum. These sessions had theme verses that were used in the devotional exercise at the beginning of the day's activities as well.









The

field trip of the first week of camp was an activity to reinforce service to others, therefore the young people went to the hospital to deliver get well cards and the pines retirement home to deliver flower pots.







The highlight of week one was the Xtreme Got Talent showcase wherein the campers had an opportunity to display their talents. This included art display, musical items, dance, poetry and one person baked a cake and brought it to camp. They receive feedback from a panel of two camp counselors and one of their peers.









GROUP SESSIONS

DEVELOPMENTAL ASSETS PRESENTATIONS

TUESDAY

ASSET PRESENTATION - Category of Focus **Support** Young people need to experience support, care, and love from their families, neighbors, and many others. They need organizations and institutions that provide positive, supportive environments.

DISCUSSION: Asset #2 Positive Family Communication: Young person and her or his parents communicate positively, and young person is willing to seek advice and counsel from parents. ACTIVITY: A letter to mom and dad. The campers were asked to write a letter to their parents about a topic that they found difficult to discuss.

WEDNESDAY

ASSET PRESENTATION - Category of Focus **Boundaries and Expectations** Young people need to know what is expected of them and understand whether the activities and behaviors they choose are "in bounds" and "out of bounds."

DISCUSSION: Asset #15 Positive Peer Influence: Young person best friend model positive responsible behavior.

ACTIVITY: Campers created boundary markers

THURSDAY

ASSET PRESENTATION - Category of Focus **Empowerment** Young people need to be valued by their community and have opportunities to contribute to the world around them. For this to occur, they must be safe and feel secure.

DISCUSSION: Asset #9 Service to Others: Young person serves in the community one hour or more per week.

ACTIVITY: Two groups created get well cards for distribution at the hospital and the other two painted flower pots for the Pines Retirement home. (See field trip)

FRIDAY

ASSET PRESENTATION - Category of Focus **Constructive Use of Time** Young people need constructive, enriching opportunities for growth through creative activities, youth programs, time with family and faith based organizations. Young people need constructive, enriching opportunities for growth through creative activities, youth programs, time with family and faith based organizations.

DISCUSSION: Asset #17 Creative Activities: Young person spends three or more hours per week in lessons or practice in music, theatre or other arts.

ACTIVITY: Campers watched a video on different sparks/ interests and created flags for the sparks ball. Young people from each group presented a showcase of their creativity during the Xtremes Got Talent segment. This included art display, musical items, dance, poetry and one person baked a cake.







MAKING RIGHT CHOICES PRESENTATIONS

TUESDAY

MAKING RIGHT CHOICES PRESENTATION - S1 - IT'S A FREE-FOR-ALL

THEME VERSE: In those days, everyone did that which was right in his own eyes (Jud. 21:25). After a warm up activity about game with or without rules, the presentation introduced the campers to the format of the Right Choices, address the danger and devastation of everyone doing what is right to them. The presentation also prompted the campers to recognize their need of a standard for moral decisions.

WEDNESDAY

MAKING RIGHT CHOICES PRESENTATION - S2 - GOD ON STAGE

THEME VERSE: He is the Rock . . . a God of truth and without iniquity, just and right is he (Deuteronomy 32:4, KJV). Campers were introduced to the concept that we must learn "God's ways" in order to know of his expectations.



THURSDAY

MAKING RIGHT CHOICES PRESENTATION - S3 - WHOSE RULES RULE

THEME VERSE: How great you are, O Sovereign Lord! There is no one like you, and there is no God but you (2 Samuel 7:22). Campers were prompted to the realization that we should make right choices, not just because they benefit us but because of who God is. They were invited to submit their wills and their "right" to decide right from wrong, to God and /his revelation of right and wrong.

FRIDAY

MAKING RIGHT CHOICES PRESENTATION - S4 – THE FOUR C'S

THEME VERSE: Show me your ways, O Lord, teach me your paths; guide me in your truth and teach me

(Psalm 25:4-5a). Reinforcing concepts shared in previous sessions, campers were introduced to the four C's. These are Consider the choice, Compare it to God, Commit to God's Way and Count on God's Provision and Protection. Campers were directed to begin applying the process to situations involving moral choices.

FIDIO NRIP

WEDNESDAY July 18 - Health Services Authority







WEDNESDAY July 18 - Pines Retirement Home







CHURCH SERVICE

The church service was held at our camp site, Christ Cathedral Worship Centre. Thanks to the host pastor, Rev. Gayle, we worshiped with his congregation. Our camp counselor Minister Welton Bartley spoke on being good stewards of the talents we re given. Invitation was extended to all campers and parents. Some of the CAYS Foundation staff and residents/ campers attended. Marking our 10th year since Fearless Xtreme started we celebrated with congregation after the service.











Week 2

DAILYACTIVINIES

Summary

Similar to the first week everyday started with a devotional exercise coordinated by Clive Jackson, Jr., with each group again assigned specific days to assist.





After icebreakers and a brief break young people went to their group areas for sessions with their group leaders about the asset category focused on for that day. The internal assets Commitment to Learning, Positive Values, Social Competences and Positive Identity, were focused on during the second week. Throughout the day the group leaders planned activities to keep the young people engaged and involved.













DAILYACTIVINIES

Summary

The other main activity was the Making Right choices presentations that were either facilitated as general sessions by Minister Welton Bartley, Clive Jackson Jr. or Rev. Sylvia Wilks. The Josh McDowell "Right Choices Leader's Guide" and "Setting You Free to Make Right Choices Workbook" were used as the main curriculum. These sessions had theme verses that were used in the devotional exercise at the beginning of the day's activities as well. The MRC sessions were coordinated with the developmental assets and adolescent issues discussed. Not only was this intended to reinforce the message, but also to give the campers an opportunity to apply the making right choices principles.

On the Monday when the MRC focus was on honesty and integrity, the asset presentation was on commitment to learning. Our guest presenters on substance abuse were from the National Drug Council. This youth issue was again reinforced on the Wednesday when focus was given to the restraint asset.

On the Tuesday the MRC session was on What the world needs now (love), the asset presentation was on the asset peaceful conflict resolution and our guest presenters were from Cayman United Against Bullying.

The Wednesday presentation was on sweet chastity, which was a good opportunity for us to discuss sexual activity and teen pregnancy.

The MRC series ended with encouraging the campers to take a stand for truth and what is right in a world of negative influences.

The highlight of week two was the day everybody was encouraged to blast everyone with positive messages, Silly Day and Beach Olympics field trip.







GROUP SESSIONS

DEVELOPMENTAL ASSETS PRESENTATIONS

MONDAY

ASSET PRESENTATION - Category of Focus **Commitment to Learning** Young people need to develop a lifelong commitment to education and learning.

DISCUSSION: Asset #21 Achievement Motivation Young person is motivated to do well in school. / Asset #25 Reading for Pleasure Young person reads for pleasure three or more hours per week.

ACTIVITY: Yes you can, Bumper stickers, I love to read. The campers were asked to brainstorm ways in which parents and teachers could motivate students to do well and were asked for sayings they would put on motivational placards.

TUESDAY

ASSET PRESENTATION - Category of Focus **Social Competences** Young people need skills and competencies that equip them to make positive choices, to build healthy relationships, and to be successful and productive adults.

DISCUSSION: Asset # 36 Peaceful Conflict Resolution Young person seeks to resolve conflict nonviolently.

ACTIVITY: "I" Messages. Instead of "you" statements the campers were taught and practiced "I" messages as a strategy for reducing conflict.

WEDNESDAY

ASSET PRESENTATION - Category of Focus **Positive Values** Young people need to develop strong values that guide their choices and decisions throughout life.

DISCUSSION: **Asset # 31 Restraint** Young person believes it is important not to be sexually active or to use alcohol or other drugs.

ACTIVITY: Campers discussed the importance of restraint.

THURSDAY

ASSET PRESENTATION - Category of Focus **Positive Identity** Young people need a strong sense of their own power, purpose, worth, and promise.

DISCUSSION: Asset #38 Self-esteem, Asset #39 Sense of Purpose, Asset #40 Positive view of personal future

ACTIVITY: What's great about me

Campers were given handouts and asked to circle positive words that describe them. Feedback was given for some of the responses.

MAKING RIGHT CHOICES & YOUTH ISSUE PRESENTATIONS

MONDAY

MAKING RIGHT CHOICES PRESENTATION - S5 - HONEST TO GOD

THEME VERSE: "I know, my God, that you test the heart and are pleased with integrity" (1 Chronicles 29:17a). The campers were led into a session on how to apply the 4C process to the issue of cheating versus honesty.

YOUTH ISSUE PRESENTATION

Substance Abuse Ages 7-9 with Mr. Juneau Barnett of National Drug Council





Substance Abuse Ages 10-17 with Mr. Simon Miller and Mr. Hooker of National Drug Council





MAKING RIGHT CHOICES & YOUTH ISSUE PRESENTATIONS

TUESDAY

MAKING RIGHT CHOICES PRESENTATION - S6 – WHAT THE WORLD NEEDS NOW THEME VERSE: "This is the message you have heard from the beginning: We should love one another" (1 John 3:11). The campers were led into a session on how to apply the 4C process to the issue of maltreatment versus love.

YOUTH ISSUE PRESENTATION

Bullying/ Youth Violence Ages 7-9 with Ms. Yentel McGaw of Cayman United Against Bullying



Bullying/ Youth Violence Ages 10-17 with Ms. Janet Young of Cayman United Against Bullying





MAKING RIGHT CHOICES & YOUTH ISSUE PRESENTATIONS

WEDNESDAY

MAKING RIGHT CHOICES PRESENTATION - S7 - SWEET CHASTITY

THEME VERSE: "Create in me a pure heart, O God, and renew a steadfast spirit within me" (Psalm 51:10). The campers were led into a session on how to apply the 4C process to the issue of sex.

YOUTH ISSUE PRESENTATION

Sexual Activity/ Teen Pregnancy

THURSDAY

MAKING RIGHT CHOICES PRESENTATION - S8 - WELCOME TO THE NEXT LEVEL

THEME VERSE: "God . . . wants all men to be saved and to come to a knowledge of the truth" (1Timothy 2:4). This presentation challenged students to take a stand for truth and what is right in a world of negative influences.

DID NRIP

THURSDAY July 26 - Beach Olympics at Seven Mile Beach







CLOSING PROGRAM

Final Group Presentation

In the presence of their peers and parents, each group presented a summary of all the presentations and activities they were involved in during the camp.







Awards/Incentives

Every camper received a medal and certificate for their participation at camp. For each of the four groups represented campers were selected for most participative, most outstanding leader and most disciplined. Special recognition medals were given to campers that were team players, helpful, artistic etc. The Fearless Olympian medals were given for the category winners of the beach Olympics.

Most Participative

Group 1 Lightening Blue - Markeem Morgan

Group 2 Red Panthers - Joanna Whorms

Group 3 Natural Nature - Gabriel Richards

Group 4 Golden Lions - Aiden Whorms

Most Outstanding Leader

Group 1 Lightening Blue - Shevon Campbell

Group 2 Red Panthers - Ukaylin Dixon

Group 3 Natural Nature - Monesia Farquharson

Group 4 Golden Lions - Jhenelle Colquhoon

Most Disciplined

Group 1 Lightening Blue - Jeniah Thompson

Group 2 Red Panthers - Dijon Colquhoon

Group 3 Natural Nature - Rayne Rankin

Group 4 Golden Lions - Jhenelle Colquhoon

Top Campers: Jhenelle Colquhoon & Aiden Whorms





Ministry of Education, Youth, Sports, Agriculture and Lands







INDIVIDUAL AND INKIND CONTRIBUTORS

Jacques Scott
Uncle Clems
Kirk Supermarket
Hurley's Supermarket
Webster's Tours
Mrs. Cynthia Silburn
Mrs. Charmaine Tugman-Moore
Christ Cathedral Worship Centre
West Bay New Testament Church of God
Her Majesty Cayman Islands Prison Service
A. L Thompson
Cox Lumber
Uncle Bills

STAKEHOLDERS

National Drug Council
Cayman United Against Bullying
Department of Children and Family Services (Mrs. Leonora Wynter-Young, Mrs. Kernita Bailey,
Ms. Sherine Barnes, Mr. David Hunter)
Children and Youth Services (CAYS) Foundation
National Council of Voluntary Organizations